



## **Announcement: Adult Mobile Crisis Intervention (AMCI) in Clark County**

Beacon Health Options (Beacon) is excited to announce that Community Services Northwest (CSNW) will be providing Adult Mobile Crisis Intervention (AMCI) services in Clark County, Southwest Washington starting in early summer 2018. AMCI will provide a short-term service that is a mobile, on-site, face-to-face therapeutic response to an individual experiencing a behavioral health crisis. The delivery of strengths-based and solution-focused intervention is aimed at resolution of the crisis, mobilization of natural supports, and rapid linkage to the right level of care. Initial hours of operation will be 10am-10pm, 7 days per week, 365 days per year. The population served will include adults age 18 and over and their families/caregivers/natural supports in Clark County. AMCI will utilize a multidisciplinary model, with both Clinical and Peer staff who will work in a braided fashion to ensure crisis resolution and successful linkage. The service will be staffed with certified Peer Specialists with lived experiences and Master's level clinicians trained in working with individuals and families experiencing a crisis.

The primary objectives of the Adult Mobile Crisis Intervention services include:

- Early intervention in behavioral health crises with family preservation and community-tenure serving as highly valued priorities
- Delivery of a comprehensive and collaborative crisis treatment service focused on the needs of the individual that includes a crisis assessment, a course of resolution-focused, harm-reducing intervention, stabilization of crisis, creation of a risk management/safety plan, and linkage as needed to other services
- Support of and consultation to natural supports; intended to offer relief, information, and acknowledgement of the needs of their loved one. Teams offer strength-based engagement and empowerment, viewing and engaging parents as fundamentally credible, capable, intuitive and able to collaborate in the intervention and in decision making.
- Referral to least restrictive and least intensive treatment services consistent with medical necessity, personal and community safety, and individual preference that serve to divert unnecessary deep-end services or interventions such as inpatient hospitalization, as well as residential treatment services or detention to the extent that utilization results from the individual's behavioral health condition
- Front-door management of Designated Mental Health Professional (DMHP) activities, including facilitating warm hand-offs and minimizing the need for repeat assessments
- Ensuring connection with ongoing services, which are chosen with the individual and natural supports to meet their needs, that will promote recovery, skill-building, and natural family and community support

### **About Community Services Northwest (CSNW)**

Community Services Northwest has been serving the community since 1998 with the vision of building healthy communities by leading the way in assuring access to mental health, addictions and supportive housing services for all who need them. Their goal is to provide the highest-quality programs throughout Clark County. CSNW is a Washington State Division of Behavioral Health and Recovery (DBHR) licensed Behavioral Health Agency that provides outpatient mental health services to adults, substance abuse disorder treatment to adults and youth, and housing support services for low-income individuals. CSNW provides outpatient treatment and/or housing support for approximately 4,000 residents of Clark County.

### **About Beacon Health Options**

Beacon Health Options is a health improvement company that serves 48 million individuals across all 50 states and the United Kingdom. On April 1, 2016, Beacon Health Options began providing services to residents of Clark and Skamania counties. As the Behavioral Health Administrative Services Organization (BH-ASO) for Southwest Washington, Beacon is responsible for behavioral health crisis services for all individuals in these two counties regardless of their insurance status or income level. Beacon is also responsible for additional non-crisis services for low-income individuals who lack insurance coverage. The BH-ASO structure is part of the Washington Health Care Authority's Fully Integrated Managed Care (FIMC) model, which seeks to bring whole-person, integrated care to Washington's Medicaid population.

Beacon's mission is helping people live life to the fullest potential. CSNW's mission is to provide high quality, integrated mental health, addictions and housing services, focusing on individual strengths and recovery. The two organizations are well suited to partner together to bring Adult Mobile Crisis to Clark County. Together, Beacon and CSNW will collaborate together in implementation planning and meetings with Managed Care Organization's and community providers on providing Adult Mobile Crisis Intervention in the community.

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